



NEWSLETTER # 10
4th-5th July, 2009

Hello Everyone,

Well, we are half way through the season, and we hope your team is doing well, and more importantly, working together and having a great time.

We would like to pay tribute to Andrew, who did such a great job of co-ordinating the newsletter in the first half of the season. Thanks for the great job you did, and we hope we can keep up the lofty standard you have set.

Being 'ideas' people, we have lots of great things we would like to see in this newsletter, but we are also aware that you probably do as well. Why don't you shoot your ideas for this newsletter to us at editor@peninsula.org.au and we'll make a great thing ever better!

In this issue:

- + New Saturday Canteen Roster
 - + Match Reports – only 3 this week – all Girl's teams! Please get your match reports in so we can share in them together (even if your team loses!). Remember the deadline for all Match Reports is 11pm Tuesdays. If your match report got lost in the transition of editors and you want it published, please send in and we'll get it in next week's issue.
 - + Some great pics of one game taken by an U15 Girl's parent. If you have some great photos, send them in – a colourful newsletter is always better to read!
 - + Coach's corner – a new segment we are starting. Over the next few weeks we'll be looking at the various soccer positions on the pitch. So now you can have an intelligent conversation with your child's coach about all things soccer!
- We should acknowledge the material from this segment has come from www.soccer-training-guide.com
- + Advertisement for the Disco coming up on July 18. Get your dancing shoes on and come support the club.
 - + Summaries of last round's results and the upcoming round this weekend.

Yours in Soccer,

Grant and Kathy (Editors)

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New Canteen Roster - Saturdays.

The club wish to thank those parents who have already pitched in and assisted Rosemary in the canteen during the season so far.

Please note that due to changes in u7/u8 fixture and u5/u6 fixtures received (as expected), the Canteen roster required changes. Now that these changes are known, attached is an update to the roster which will be valid until the end of the season.

This roster ensures an even allocation for age groups/teams to assist in canteen duties throughout the season. With everyone co-operating, each family should only need to do approx 1 shift for the entire season. (and still get to watch their child...) Please ensure that parents from the age group/team are able to cover busy times (game half times and changeovers) throughout the entire morning's schedule of games.

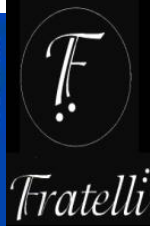
Most teams have found discussions/agreements of parent availability at training the week prior to the duty has worked well. (eg: who can come early, who can do half time/after game, who can stay back to assist). Where possible, all canteen roster teams will try to be scheduled on the ground directly in front of the canteen to enable viewing if abnormally busy.

The canteen has signs documenting procedures/food handling processes and Rosemary (the canteen supervisor) is able to assist in the safe and efficient operation of the canteen. Thank you to everyone in advance to all parents/family members/friends who are yet to assist with Canteen duty, as many hands make light work, and we don't like leaving it to the same people. The canteen contributes substantial amounts of money for the club each week and it's better than raising fees.... as well as having a hot coffee on those cold mornings.

We are still seeing how this format works, and it will be reviewed for improvements for next season.

- *Please print off the sheet on the next page and place on your fridge.*

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Match Reports – Round 9

Under U12A Girls

12A Girls vs Berwick City Peninsula 2 vs Berwick 3

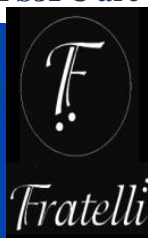
In what was always going to be a challenging game against a very strong team we played a determined game only to be let down by poor marking in our defence. In an area of our game that has been fairly good in the season to date, some fundamental themes of following the ball and not sticking tight to our opposition resulted in some big gaps and leaving Hannah little chance to defend our goal. A strong goal from Jordyn levelled the scores with Berwick and demonstrated that we were a serious competitor.

Rank	Team	P	W	D	L	F	A	GD	Points
1	Brighton	9	6	2	1	25	4	21	20
2	Sandringham City	9	6	2	1	20	6	14	20
3	Berwick City	9	6	2	1	19	7	12	20
4	Boroondara Eagles	9	5	1	3	12	11	1	16
5	North Caulfield	9	3	4	2	10	6	4	13
6	Peninsula	9	2	4	3	12	10	2	10
7	Ashburton	9	3	1	5	8	16	-8	10
8	South Yarra	9	1	3	5	4	26	-22	6
9	Pascoe Vale	9	1	2	6	5	13	-8	5
10	Banyule City	9	1	1	7	5	21	-16	4

We came out of the half time break at 1-1, but with 2 quick goals from Berwick we were left dazed and confused about how to regroup...fortunately an own goal brought the score back to a respectable 3-2. In reflecting on the loss, I was proud of how our girls carried themselves in general play, at times the opposition assumed that rougher play was perfectly fine, whilst our girls didn't respond. Although not the winners on the day. Your sportsmanship left the coach and your parents proud.

The second half of the season awaits us, and it's time to turn all those draw's into wins and prove that we deserve to be in A Grade.

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Under 14C Girls

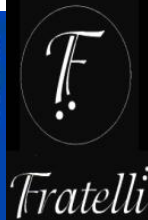
Peninsula 2 vs North Caulfield 0

Another win for Peninsula U14C Girls, this week against North Caulfield, which saw the Strikers move to 3rd on the ladder, 1 point behind second placed Sandringham who are their next opponent in 2 weeks time. Quite a scruffy and untidy game, but once again Peninsula's defence were solid proving the old saying "if you don't let a goal in your always a chance". The strikers break came late in the first half by way of a penalty given for handball. Katelin lashed the ball in off the underside of the bar. Caulfield looked like they may catch the Strikers out on the break a couple of times but fine last ditch defending from Sam, Darcy, Tilly, Clare and Jamie made sure Caulfield didn't really have any clear cut chances. Goalie Alex did well when called upon.

Rank	Team	P	W	D	L	F	A	GD	Points
1	Heidelberg Utd	9	9	0	0	27	5	22	27
2	Sandringham City	9	5	2	2	17	7	10	17
3	Peninsula	9	5	1	3	20	9	11	16
4	Ashburton	9	5	0	4	18	13	5	15
5	Keilor Wolves	9	4	3	2	12	7	5	15
6	North Caulfield	9	3	1	5	15	15	0	10
7	Brighton	9	1	1	7	8	33	-25	4
8	Oakleigh	9	0	0	9	0	28	-28	0

The contest was effectively killed off midway through the second half when, once again, Katelin struck, rounding the goalie and firing into an empty net. Fine performances from Amy (who was unlucky not to score a couple of times) and Katelin (who did score). Emily played well, as did Danielle and both Jamie M and Jaimi G both put in fine performances. The two best performances on the day came from both full backs Sam and Darcy. Well done again girls.

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Under 15B Girls

Berwick 4 vs Peninsula 0

We played top of the ladder Berwick away today. In the past this club (Berwick) has not had a good track record for good sportsmanship, with a 'win at any cost' mentality. Unfortunately the same trend continued today.

The Berwick coach, having seen our last week's result against Kensington, announced before the game his side would win by 10 goals over Peninsula today. He then instructed his side to wipe us off the park. The Berwick girls targeted our players with condescending remarks, kicking our player's ankles, and generally very rough play. In response Peninsula stood tall with a gutsy, determined performance.

We took the pitch with only 12 players, two of whom were sick. Berwick had a full squad of 16 players. Right from the opening whistle Peninsula held its own in the middle of the pitch, surprising the Berwick team with our intensity. The first goal came as a result of a penalty from an accidental handball in the penalty area 15 mins into the half. The second came just before half time after good lead up work from the Berwick forwards. Down 0-2 at half time I praised the girls for their courage and urged them to dig deep and keep going. Peninsula were awesome in the second half, keeping a frustrated Berwick scoreless until the final 5 minutes, when with our mounting injury toll and the Berwick side making numerous substitutions, Peninsula ran out of legs and conceded 2 late goals, flattering the Berwick score line and not indicating how closely contested this game really was.

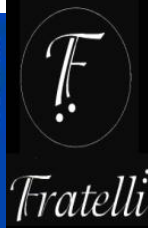
Thumbs up to the Berwick side for converting their chances to win the game. Thumbs down to the Berwick side for your appalling behaviour and bad sportsmanship. Our side came off the park with a real determination to reverse this result in the last match of the season at Ballam Park. Thumbs up to the Peninsula side. Despite numerous injuries, including two balls kicked into girl's faces (Beth and Aly) one badly bruised ankle (Shannyn) and a bruised hip from Aly being polaxed in defence (no co-incidence at all that the 3 players just mentioned were among Peninsula's best today), you held your own against this opposition and we are really proud of you. Special thumbs up to Jamee and Beth, who never gave up, Christa and Bonnie who kept Berwick accountable in the middle of the pitch, Seda who came back after last week's big loss with a great effort in goals (well done Seda), and special praise to Britt, Shannyn and Aly, who were simply outstanding all day.

If this week's training was anything to go by this side is poised to finish the season strong. The girls are hungry and ready to convert our losses in the first half of the season into wins. Bring it on!

Go Strikers!

Rank	Team	P	W	D	L	F	A	GD	Points
1	Berwick City	9	7	2	0	21	3	18	23
2	Kensington JGSC	9	7	1	1	46	13	33	22
3	Doncaster Rovers	9	6	0	3	28	11	17	18
4	Boroondara Eagles	9	5	2	2	27	16	11	17
5	Port Melbourne	9	4	2	3	13	16	-3	14
6	Keilor Park	9	4	1	4	10	11	-1	13
7	Peninsula	9	4	0	5	10	18	-8	12
8	Brunswick Zebras	9	1	2	6	9	23	-14	5
9	South Melbourne	9	0	3	6	3	22	-19	3
10	Glen Eira	9	0	1	8	8	42	-34	1

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Here are some action photos from U15 Girl's Match Round 7 against Brunswick. Thanks to Mandy Quadara (U15 Parent) for the fantastic pics. If you want Mandy to take some great shots of your team, contact her on mquad1965@hotmail.com or phone 0418817349



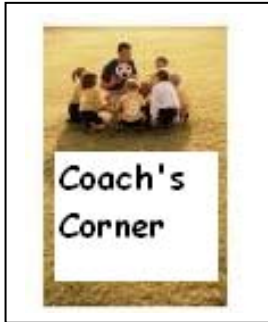
Christa takes on a Brunswick opponent



The Brunswick keeper tries in vain to stop Jamee's goal



Victory is Sweet.



Have you ever wondered about what the coach is doing when the Team is being organised before the game, and he starts using terms like 'inside back' and 'striker'? Have you ever wanted to know what the various positions on the soccer pitch are, and what is required to play them? Well, now you too can have an intelligent conversation with your coach, as we discuss the various positions you will find in a soccer team. We will start with the two most defensive positions: the Goalkeeper and Sweeper.

The Soccer Goalkeeper

Prevent your opponents from scoring

As the soccer goalie you will be the last one who can stop your opponent's from scoring. You must therefore make few mistakes as possible. You need also to keep yourself cool even when you fail. To maintain your calm in difficult situations you will need a great personality and also ability to infect your teammates with your own confidence.

Your job as soccer goalie will not be easy. A single mistake may cost your team the victory. It is therefore crucial to always be on your guard because the opponent's will do everything they can to get the ball past you.

Your teammates know that saving a penalty kick is a pretty difficult task but they are still hoping that you will make it. If you manage to save the ball against all odds you will be a hero, if not you will be no good.

As a soccer goalie you also need to be in constant contact with the ball during your training in order to develop your agility, reflexes and reactions. You won't become a successful soccer goalie overnight.

Instead you will need to practice hard and always do your best, no matter what!

Reinstate the attack

Knowing how to reinstate the attacks of your team is crucial. Simply, without this ability you will rarely perform well as goalkeeper. As a goalkeeper you must throw and kick the ball with precision. You can't just kick or throw the ball away and hope for the best. A good goalkeeper should be able to kick and throw the ball with precision at least 40 metres. If you are not able to kick/throw the ball over 40 yards I recommend you to put more emphasize on this during your practice.

As a goalkeeper you should:

- Never throw or kick the ball back into play unless some of your teammates are completely unmarked
- Never try to dribble your opponent, instead, play smart and kick the ball away
- Always try to find a free standing teammate who can receive the ball without pressure.

All right, enough about throws and kicks; let's discuss how you should react when you are facing your opponent 1 vs. 1. I know by experience that this type of situations is a nightmare for a goalie. Simply, the opponent is the one that have advantage and you are the underdog.

However, you can still win these situations by following some simple guidelines. Let's take a look at these:

- Once you leave the goal line there is no turning back. The worst thing you can do is to stand and wait for your opponent. Instead, you should try to attack him as fast as possible and stretch out your whole body to make yourself big. Believe me, if you do this, the chance for winning the duel will increase greatly.

- Keep in mind that you only have one chance to clear the ball away from your opponent's feet. Once the opponent pass you it will be impossible to stop him from scoring. I know by experience that many opponents like to dribble the goalie instead of shooting directly. Try to keep this in mind when facing your opponent 1 vs 1.

-You could also wait for the split second which simply means that your opponent has to first look at the ball before firing a shoot. While your opponent prepares to shoot the ball you should rush toward him and block the shot.

Organize the function of your defenders

As soccer goalie you will also need to organize the position of your defenders. This is very important as you will often need to tell your defenders whether they should move up or stay.



As the last player you will be able to see the whole field and predict how the game is likely to develop. This is why you always need talk with your defence and coordinate them.

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The Sweeper

When you hear the word sweeper in soccer you probably think on the big German legend of soccer the great Kaiser (King) more known as Franz Beckenbauer who dominated world cup of 70's with his elegance on the soccer field.

In the 1990 World Cup even the great World Cup winners of all time **The mighty Brazil** were playing with a sweeper for the first time in a World Cup tournament. Brazil was eliminated early in the tournament and Germany won the whole competition, playing with a sweeper.



Many teams have abandoned the use of a sweeper in their games, but there are still some clubs that use this formation today. If you currently play as sweeper in your soccer team or think that it would be fun to test it, then you must keep in mind following:

- As a sweeper you must always be the last player in your defence line
- Your job is to close down gaps that are left by your teammates
- You must be good at analysing the game and try to figure out your opponents next move
- You need also to be quick thinking and try to make right decision both defensively and offensively

As a sweeper, your task is not to mark opponents forwards, instead, you are supposed to carry the ball forward when your team is in possession of the ball.

Most amateur teams will not know how to react on this formation because they usually don't have a strategy for how to mark a sweeper, which will give you great opportunities to score goals. A player that is experienced has good technique and confidence is perfect for the position of sweeper.

Always play simple, and do not dribble on your own half. Keep in mind that sweeper must provide stability and conduct his own team. In my team we usually play with a sweeper and my own experience is that a sweeper is right choice if your team likes to play the ball on the ground.

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CLUB DISCO

Saturday 18th July

In the Ballam Park Clubrooms

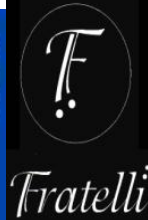
U5 - U8's: 3pm – 4:30pm

U9 - 14's : 5pm – 7:30pm

Admission: \$5 per child, prepaid or paid at door
Canteen: glow-sticks, snacks and drinks
available at a small cost

Children must be signed in at the door with emergency contact details, and signed out at pick up. Parents are welcome to stay and assist, and this is expected for the U5 and U6 players. Please note that only players and their age-appropriate siblings are allowed to attend.

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Round 9 Results

Grade	Rd	Date	Home Team		Away Team	Venue
SSF South 10 Joeys Green	9	27 Jun 09 9:00AM	Peninsula 3	-	Berwick City 1	Ballam Park
SSF South 10 Joeys Green	9	27 Jun 09 9:00AM	Peninsula 1	-	Berwick City 2	Ballam Park
SSF South 10 Joeys Green	9	27 Jun 09 9:00AM	Casey Comets	-	Peninsula 2	Comets Stadium
SSF South 10 Kangaroo	9	27 Jun 09 9:00AM	Peninsula 2	-	Doveton	Ballam Park
SSF South 10 Kangaroo Red	9	27 Jun 09 9:00AM	Peninsula 2	-	Mornington 1	Ballam Park
SSF South 10 Kangaroo Red	9	27 Jun 09 9:00AM	Peninsula 1	-	Berwick City 1	Ballam Park
SSF South 10 Joeys Red	9	27 Jun 09 9:00AM	Peninsula	-	Berwick City 2	Ballam Park
SSF South 10 Kangaroo Green	9	27 Jun 09 11:00AM	Berwick City 1	-	Peninsula 1	Jack Thomas Reserve
Boys South 11 Kangaroos Green	9	28 Jun 09 9:00AM	Hampton	2 – 0	Peninsula	WL Simpson Reserve
Boys South 11 Kangaroos Red	9	28 Jun 09 9:00AM	Peninsula	2 – 1	Mornington	Ballam Park
Boys South 11 Joeys Orange	9	28 Jun 09 9:00AM	Peninsula	-	Bye	Ballam Park
Boys South 11 Joeys Green	9	28 Jun 09 9:00AM	Doveton	2 – 1	Peninsula	Waratah Reserve
Boys South 12 B	9	28 Jun 09 10:10AM	Mornington	7 – 0	Peninsula	Dallas Brooks Park
Boys South 12 D	9	28 Jun 09 10:10AM	Peninsula	2 – 2	Aspendale	Ballam Park
Girls Metro 12 A	9	28 Jun 09 10:10AM	Berwick City	3 – 2	Peninsula	Sweeney Reserve
Girls Metro 11 Purple	9	28 Jun 09 10:10AM	Peninsula	3 – 0	Bayside Knights FC	Ballam Park
Boys South 13 A	9	28 Jun 09 11:20AM	Peninsula	2 – 3	Hampton	Ballam Park
Boys South 13 D	9	28 Jun 09 11:20AM	Westernport SC	1 – 8	Peninsula	Graham Myers Memorial Reserve
Boys South 14 B	9	28 Jun 09 12:30PM	Springvale White Eagles	3 – 2	Peninsula	Serbian Sports Centre
Boys South 14 C	9	28 Jun 09 12:30PM	Peninsula	6 – 1	Cardinia United Junior Soccer Club	Ballam Park
Girls Metro 14 C	9	28 Jun 09 12:30PM	Peninsula	2 – 0	North Caulfield	Ballam Park
Girls Metro 15 B	9	28 Jun 09 1:00PM	Berwick City	4 – 0	Peninsula	Jack Thomas Reserve
Boys S/E 15 Super League	9	28 Jun 09 1:45PM	Sandringham City	1 – 1	Peninsula	Spring St Oval

Boys South 15 C	9	28 Jun 09 1:45PM	Peninsula 2	3 – 0	East Bentleigh	Ballam Park
Boys South 15 C	9	28 Jun 09 1:45PM	Bayside Knights FC	1 – 0	Peninsula 1	HD Thomas Reserve
Boys South 16 A	9	28 Jun 09 3:15PM	Brighton	4 – 2	Peninsula	Dendy Park
Girls Metro 16 B	9	28 Jun 09 3:15PM	Sandringham City	6 – 0	Peninsula	Sandringham Secondary College

Next Round's Matches

Grade	Rnd	Date	Home Team	Away Team	Venue
FFV:SSF South 10 Joeys Green	10	11 Jul 09 9:00AM	Peninsula 2	v Berwick City 1	Ballam Park
FFV:SSF South 10 Joeys Red	10	11 Jul 09 9:00AM	Baxter	v Peninsula	Baxter Park
FFV:SSF South 10 Kangaroo Green	10	11 Jul 09 9:00AM	Peninsula 1	v Mornington 2	Ballam Park
FFV:SSF South 10 Joeys Green	10	11 Jul 09 10:00AM	Berwick City 2	v Peninsula 3	Jack Thomas Reserve
FFV:SSF South 10 Kangaroo Green	10	11 Jul 09 10:00AM	Mornington 1	v Peninsula 2	Dallas Brooks Park
FFV:SSF South 10 Kangaroo Red	10	11 Jul 09 10:00AM	Mornington 2	v Peninsula 1	Dallas Brooks Park
FFV:SSF South 10 Joeys Green	10	11 Jul 09 11:00AM	Mornington	v Peninsula 1	Dallas Brooks Park
FFV:SSF South 10 Kangaroo Red	10	11 Jul 09 11:00AM	Berwick City 1	v Peninsula 2	Jack Thomas Reserve
FFV:Boys South 11 Kangaroos Green	10	12 Jul 09 9:00AM	Peninsula	v Langwarrin	Ballam Park
FFV:Boys South 11 Kangaroos Red	10	12 Jul 09 9:00AM	Peninsula	v Bye	Ballam Park
FFV:Boys South 11 Joeys Orange	10	12 Jul 09 9:00AM	Peninsula	v Seaford Utd	Ballam Park
FFV:Boys South 11 Joeys Green	10	12 Jul 09 9:00AM	East Bentleigh	v Peninsula	Bailey Reserve
FFV:Boys South 12 B	10	12 Jul 09 10:10AM	Hampton Park Utd	v Peninsula	KM Reedy Reserve
FFV:Boys South 12 D	10	12 Jul 09 10:10AM	Peninsula	v Beaumaris	Ballam Park
FFV:Girls Metro 11 Purple	10	12 Jul 09 10:10AM	Peninsula	v Richmond	Ballam Park
FFV:Boys South 13 A	10	12 Jul 09 11:20AM	Peninsula	v Beaumaris	Ballam Park
FFV:Boys South 13 D	10	12 Jul 09 11:20AM	Rosebud	v Peninsula	Boneo Recreation Reserve
FFV:Boys South 14 B	10	12 Jul 09 12:30PM	Peninsula	v Brighton 1	Ballam Park
FFV:Boys South 14 C	10	12 Jul 09 12:30PM	Peninsula	v East Bentleigh	Ballam Park
FFV:Girls Metro 14 C	10	12 Jul 09 12:30PM	Peninsula	v Sandringham City	Ballam Park
FFV:Girls Metro 12 A	10	12 Jul 09 12:30PM	Pascoe Vale	v Peninsula	Hosken Reserve
FFV:Boys S/E 15 Super League	10	12 Jul 09 1:45PM	Richmond	v Peninsula	Kevin Bartlett Reserve
FFV:Boys South 15 C	10	12 Jul 09 1:45PM	Rosebud	v Peninsula 1	Boneo Recreation Reserve
FFV:Boys South 15 C	10	12 Jul 09 1:45PM	Baxter	v Peninsula 2	Baxter Park
FFV:Girls Metro 15 B	10	12 Jul 09 1:45PM	Doncaster Rovers	v Peninsula	Anderson Park
FFV:Boys South 16 A	10	12 Jul 09 3:15PM	East Bentleigh	v Peninsula	Bailey Reserve
FFV:Girls Metro 16 B	10	12 Jul 09 3:15PM	Hampton Park Utd	v Peninsula	KM Reedy Reserve

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