

Hi Everyone,

Great results from last week! Keep up the good work ☺

Thank you for the positive feedback for our newsletter. We were going to put out a "PINK" edition, but not everyone was keen on that idea. So look out for the Girls match reports highlighted with "Pink" scores!!

Everyone who attended the Disco had a fantastic time. Thank you to all those who came along and especially the parents who helped set up, clean, cook, decorate, sign in, oversee and of course dance and Limbo.....Great job to the Michael Jackson impersonators! We have some very talented kids and parents at our club!!! Thanks to the Security Dad's and everyone who helped to clean up afterwards. Check out the crazy photos on the website ☺.

Next event is the Goal a thon. All team managers should have details and will be handing out tally sheets to each player. The idea is to collect as many sponsors as possible, then during the week of August 3<sup>rd</sup> to 7<sup>th</sup> your coach will have created a special training drill. Complete this and kick as many goals as you can. Money collected will be well spent around the club. So get behind this fun & easy fundraising event. ☺

Heads up for our Social Night- Saturday August 22<sup>nd</sup> at Ballam Park- Sure to be a fun filled night. More details to follow.....

Overall remember to have fun, play hard, but fair and support your fellow team mates .

#### **This Issue:**

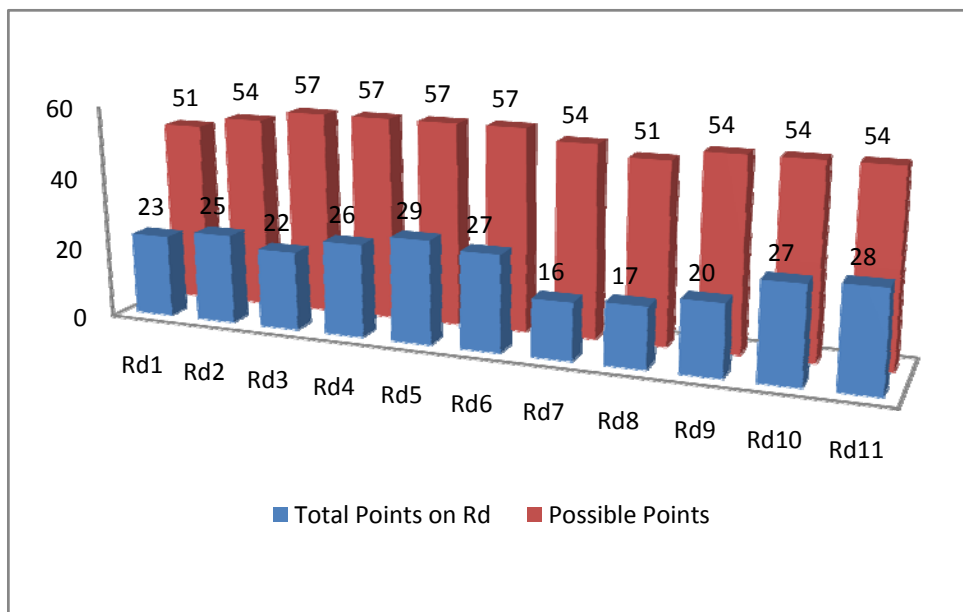
- Presidents Note
- Match Reports – Team Managers/ Coaches/Interested Parents – please put together a short report from each weeks game and email to us: [editor@peninsula.org.au](mailto:editor@peninsula.org.au) by Tuesday 11pm. Great way to feedback results each week to all at the club.
- Coach's corner – This week we are looking at the midfield positions - The engine room of a soccer team." We should acknowledge the material from this segment has come from [www.soccer-training-guide.com](http://www.soccer-training-guide.com)
- Goal a thon Flyer – Ask your team manager for details and a tally sheet.
- Summaries of last round's results and the upcoming round this weekend.

Have a great round everyone ☺

Yours in Soccer,  
Grant and Kathy (Editors)

**President's Corner:**

Hi all,  
 By looking at the graph below, we can see a steady improvement in the total club's performance from round 7 onwards.  
 Well done to all involved in the teams.



I would like to use this space to thank the tremendous support seen from all parents in the U15 Super League team by raising the full amount of money (\$1,000) required to pay the fine incurred by the team a few weeks ago during the match against Knox City SC.

With a lot of commitment from the team manager and input from all parents it can be done!

Thank You U15 Super League team.

Our U11 Kangaroos Green team has returned from the Kanga Cup in Canberra finishing 3<sup>rd</sup> overall with Emmanuel Brima having been awarded "Player of the Competition".

What a fantastic effort from everyone.

Well done to all involved.

This week we should also see the installation of a 50" flat screen TV that was donated to the cricket club and we will share the use. We have paid for all the installation of satellite dish and cabling, so keep an eye on the newsletter for forthcoming sports events screened at the club.

The kids disco was a great success. All photos are on the website. And don't forget to keep the 22<sup>nd</sup> of August free for our yearly social function. A lot is already happening in the background for the preparation of this event. Tickets will be available soon. Keep an eye on the newsletter and website.

Have a great week!!! ☺

Peter Stuckenschmidt

President

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**Match Reports – Round 11**

**Under 12A Girls**

**Peninsula 2 vs. South Yarra 0**

In our first game this season on the top pitch at home, the girls put on a great demonstration of soccer this week and played with plenty of determination.

The opposition spent very little time in our half this week as our defenders ensured that we marked tightly and dispatched the ball back into the other half with great haste, leaving our keeper, Hannah, with very little work to do.

Great games up the back from Saskia, Nicole & Jazmin, with Tash showing great leadership in the first half, followed up with some great running in the midfield through the second half.

Going to the break 1 nil up thanks to a well-executed play starting with Nicole up the back pushing Paige into some good space on the left and finished by Jordyn, we were determined not to finish with another draw.

We got the monkey off our back when we went to 2 nil thanks to a great play from Bianca to set up Ebony for her first goal of the season.

Great running into open space today from Jamie, Lauren, Georgina and Taz ensured we used the width of the pitch...we now just need to finish our crosses off and be ready to pounce and put it in the back of the net.

We have a big game next week against Boroondara Eagles away and we need to bring the points home.

**Well Done Girls!**

**Under 14C Girls**

**Peninsula 14C girls 3 V Ashburton 2**

14C girls showed great spirit this week against a good Ashburton side who were only 1 point behind Peninsula on the ladder at the start of the day.

Ashburton took the lead in the first half, Peninsula drew level, and Ashburton again took the lead just before half time.

The second half was a see saw battle with the weather conditions contributing with a very strong wind. All credit to Peninsula Strikers who just wouldn't stop trying.

The equaliser came mid way through the half and with a few minutes to go superstar Amy stepped up and grabbed the winner. Once again Peninsula under 14 girls were so determined and kept going to the very end.

Star performances today came from Darcy (who was fantastic on field and very good in goal), Brittany, who had a good game showing great enthusiasm, Tilly who defended magnificently all game with an injury and of course Amy, who was a match winner.

**Final result was a 3 - 2 win to Peninsula. Well done again.**

### Peninsula 14C girls 3 V Sandringham 1

Another gutsy performance from 14C girls this week gave them a 3-1 win over second placed Sandringham.

A very close contest in the first half saw Sandringham 1-0 up at half time even though there were some good passages of play from Danielle, Danni and Amy ending with good chances which Peninsula could not capitalise on.

The second half was similar to the first and parents' spectating were starting to wonder if it was going to be, "one of those days!" But credit to Peninsula, sticking at it until Britney followed up a shot (which Sandy's keeper fumbled) and tapped in for the equaliser.

Once the scores were level Peninsula's spirits lifted and their determination started to shine through.

Finally their reward came with a fine double strike from Katelin (who was again the difference on the day.)

A fine performance from Alex in goal, who came off her line a few times, to collect or clear the ball. Well done Alex.

**A good solid performance from all. Well done again girls.**

### U10 Kangaroos Red 2

The U10 Kangaroos Red 2 boys welcomed Mornington at home this week, and even though the match was slightly delayed due to full 9am schedule, all the lads were geared up ready to play this week after a "minds were not quite there" last week when they travelled to Berwick for the fourth time this year and found the game extremely hard work.

The pleasing aspect was that the boys were quickly up with the tempo early, which has been an issue in previous weeks and consequently, after 10 mins were seen to have a high percentage of the play. With James, Joel, Isaac and Max leading the midfield, Kai in goals, the boys continued to press, and had some good goals in to reward the hard work. A special mention to Isaac, who had had a 'blinder' first half on the wing and was easily his best half of football for the season. He was putting in a number of dangerous crosses, one of which resulted in an eye catching goal.

To the Mornington boys credit they stepped it up in the second half and matched it with our lads and in turn created an exciting game to watch.

The boys lost their cohesion in the second half but still had their never say die attitude, and therefore still held the edge over the balance of play over the older and larger opposition players. We also saw the play-makers goal of the season when Kyle slid a ball between defenders out of defence to Matt in centerfield, outside foot away from 2 opponents to Ben running space on the wing, 2 more one-touch passes between Matt and Ben before he crosses to ball to the top of the square where Matt hits the volley flying sideways.

The team gave the Mornington boys many headaches during the game and was overall a great team effort. Many of the boys were among the goals this week, and chances and assists were coming in left, right and centre from a number of players as well. Max's second half in goals had plenty more to do, and Kyle and Luke tried to marshal the back. James, Matt and Joel were always damaging. So after dominating the first half, the spoils were shared in the second still finishing with a convincing effort.

The AMF awards for the week went to Isaac, Ben, Max and Joel that will result in a family day at the bowling centre.

**Well done lads, looking forward to some more enterprising entertainment next week**

## **LANGWARRIN V PENINSULA UNDER 11 KANGAROO REDS**

### **INSPIRATION BY SENIORS HELP CEMENT REDS IN TOP 4**

After bonding with our senior's on Saturday, the team was nothing short of fantastic in Sunday's game against Langwarrin. Team coach, Mark "Chopper" Brandon said our players turned up to play football & gave Langwarrin a football lesson in the local Derby, giving our lads, major bragging rights at school until next season.

Right from the Langwarrin kick off, the reds attacked the ball & never gave up, repeatedly forcing Langwarrin in to making mistakes. Quick throws & passing, along with great team work was the order of the day, running the opposition defence ragged, while the Langwarrin Keeper thought he was surrounded.

With only 2 minutes in to play & parent's still arranging coffee's & chatting about the kids disco held on Saturday night, James Woodland opened the strikers account, leaving parents wondering what had actually happened.

Langwarrin were kicking against a stiff breeze & our lads continued to keep the pressure right on Langwarrin, marking up their opposition & being first to the ball. Both the midfield & forwards players were hungry for the ball which left the backline with little to do in the 1<sup>st</sup> half. Our team continually harassed Langy, in to continued mistakes turning the ball over regularly, the teams little pint sized forward Kevin Garcia won the ball once again showing everyone how pressure & persistence pays off, after a ball he'd won in midfield & turned quickly into attack, passing the ball to Oliver Tryon who's cross found team Captain Tom Caballero lurking around the penalty area, who put the ball in to the back of the net making it 2 – 0.

In the 20th minute Troy Seeley & Jack Beard were introduced to the game substituted Nathan Bell at Right Back & James Woodland midfield, who were both having a cracking game, but it was only minutes before Seeley placed a shot into the left hand corner of Langwarrin's goal, making it 3 – 0 giving Troy 3 goals in 2 games. Our team was continually winning any ball that came near them & showed that their hard work was continually paying off.

Langwarrin hit the ground full of hope kicking with the breeze in the 2<sup>nd</sup> half, though once again the boy's proved that they were going to play well even against the wind. Our goalkeeper James Laminski, showed he had been listening to his coaches instructions at half time by remaining at the top of the 18 yards box & continually snuffed out 95% of Langwarrin attacks, leaving the Langwarrin forwards & their supporters frustrated. An individual run by a Langwarrin midfielder down the left hand side of the park seeing a cross which found one of there strikers who placed the ball in the back of our net 3 – 1.

To the boy's credit not once did their attitude change. From the restart our boy's passed the ball around utilizing Yodish Jagatheson was having a solid game in Midfield, Yodish found Oliver Tryon who had been working hard all game & was finally rewarded with a goal seeing the team win 4 -1.

**Well Done Lads, Great Team Effort!!!**

### **Under 14B Boys** **Round 11**

"An U14B team with a greater focus and energy level throughout this away match at Carrum reaps the rewards with a 2 goal win."

**Final Result:** PSJFC U14B 2 Carrum United 0  
**Goalscorers:** Conor Zyskowski, Joel Wilson  
**Strong performers:** Luke Cliffe, Nathan Shaw

Playing with the advantage of a strong wind in the first half, it was essential for the U14's to score early goals and to be ready to defend a lead in the second half. It was absolutely essential not to concede a goal.

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The whole team played well and met these objectives with a strong away performance against Carrum. We played the first half with a 4:4:2 formation; Conor and Joel partnering each other in front of the Carrum goal. Daniel Methakul was putting plenty of crosses in from the right but a number of these were travelling too far.

An early opportunity fell to Conor on the left of goal but this was cleared off the Carrum goal line. Later, a great movement from Matthew Davis, Daniel Methakul and Duncan Crowe on the right side of the field led to a shot from Matthew. This was excellent passing and running off the ball, an element of our play that we had focused upon. During this pressure on the Carrum goalmouth a penalty was awarded for a hand ball. Conor very capably converted the penalty for a 1:0 lead.

Carrum immediately responded at the other end of the pitch and it was Luke Cliffe who saved the day with a goal line clearance. Our second goal was scored by Joel Wilson with a controlled shot after a deflection in the Carrum goal mouth.

The team held the game well in the first 10 minutes of the second half although our initial touches of the ball were at times a little loose. Luke and Byron were both excellent central defenders and tidied up at the back very effectively. Conor made a number of good runs on the right of the field, taking on defenders and shooting at goal. One shot just going wide of the post and another just rising over the bar. Nathan Shaw played the majority of the first half at left back and moved to left midfield in the second half. His work rate was commendable in both positions.

Overall, this was a solid performance by all team members. It is difficult to break a run of adverse results but now that this is done the team can concentrate on refining their game for the final important 6 matches of the season.

This week we are looking at the midfield positions, the engine room of a soccer team.

### Defensive Midfield

Playing as a defensive midfielder requires strength and good stamina. It is also a big advantage if you are a natural born leader on the soccer field and pose strong personality. This is important because you will need to encourage your team mates and give them strength to work harder.

You must also have enough power to force yourself to work hard. This is why you need strong personality to perform well on this position. This will be very crucial, especially in important games where winning is the only option.



A defensive midfielder is in many cases captain of a soccer team. Your main job is to operate in front of your defence, between your offensive midfielders and stopper. If you have an "off day", your poor performance may have a negative effect on your whole team's performance. Therefore you must always try to play your best because you are the true backbone of your team.

Your main tasks include roaming laterally from sideline to sideline, pressuring your opponents to make mistakes, allowing you to win the ball back for your team. Your job is also to win every possible duel on the midfield. In the offence you need to stay behind your attacking line, collect rebounds and upcoming miss-kicks.

You must also try to make supporting runs and provide back pass options for your teammates. This is especially important when the ball is out of play and near the sideline of the soccer field.

Some greatest players have played as defensive midfielder. One of the greatest in today's soccer is the Italian Pitbull **Gennaro Gattuso** who led his Italy to victory in World Cup 2006. Another great player that dominated this position under early 90's was Brazil's Carlos Caetano Bledorn Verri more known as **Dunga**.

He led his Brazil to World Cup final victory in 94 and they also reached Final of the 98 World Cup but were defeated by Les Blues (France). Common for these players is that they pose good technique, are aggressive tacklers, have good sense of the game and are always well positioned.

Don't expect to score very often while playing on this position. Try to play simply and do not dribble on your

own half. Deliver the ball to the offensive midfield and forwards, but of course if your team is leading like 5-0, then of you may try to dribble and shot little more often.

### **Left and Right or 'wing' Midfield**

Left midfielder is a position where you must be fit and have enough power to participate in both defense and offense. There are no differences between a left and right midfielder, beside the foot they receive the ball with.

Posing a good one versus one skill is a must if you want to play on this position, this because you will often need to get around your opposing left or right fullback and serve your teammates with quality passes.



Under offensive attacks, your task is to stay wide and prove width. By using this strategy you will stretch out your opponent's defense and create more space for your teammates which will give them opportunity to receive the ball with little pressure, and also more time to figure out what to do next.

This will increase chances of scoring, so just because you don't have the ball it doesn't mean that you should stay still and pray that your teammates will score.

In fact, your game without ball is probably more important than with the ball. This, because under a soccer match you will approximately have the ball under control at your feet under two minutes, which means that you must find something else to do under remaining 88 minutes.

With something to do I don't mean that you should sit and drink coffee while hoping for the best, when you don't have the ball. Instead you must try to involve yourself in the game and to help your teammates in defense.

**The Winger** is a position that mean almost same thing as the mentioned right or left midfielder. The main difference is that a winger comparing with a left/right midfielder is very offensive almost in line with a forward.

As a winger you are supposed to play wide, dribble the ball forward and serve crosses to your teammates. Lionel Messi (Barcelona FC) is seen by many as the best winger in soccer today. His stamina, speed, and control of the ball make him perfect for the winger position.

Try to watch Messi while he plays on TV and practice on the same moves that he does. Notice also what he

does before receiving the ball, if he participate in the defense, does he shot often from long/short distance or does he prefer to pass the ball to some better positioned teammate.

### Central Midfield

Central midfielder is the position where fantasy meets magic. As an offensive midfielder you need to be the fittest player in your team. This is because you will be involved in almost every offensive part of the game. You must also have a good technical ability when playing on this position.

Distributing the ball is your job, and therefore anything that occurs in offensive will go through you. To accomplish this task well, you need beside speed; great footwork and strength, even good stamina and big vision of the field.



When your team does not have ball possession, you need to take responsibility in defense which means that you must drop back and pressure your opponents to make mistakes under their offensive attacks. When your team is attacking, you should be involved in the game by making runs towards the ball.

Before you receive and take control over the ball you should know what to do with it. There is simply no time to figure out what to do with the ball after you have control over it.

You must always be one step further and try to figure out what to do before you control the ball at your feet. This is probably the most important skill for a central midfielder because on the field pressure will always be high when you pose the ball, and because you will have the ball often, you must also think and react faster than other.

Another name for central midfielder is: **The playmaker**. Some great players have played on this position. One of them and by many seen as the best player ever is: the great and mighty Diego Armando Maradona. His ability to dribble, pass, shot was incredible. Today's great playmakers are Ricardo Izecson Santos Leite (AC MILAN), more known as KAKA, his compatriot Ronaldinho (FC BARCELONA) and RIQUELME (Argentina).

If you want to improve your game, watch a game where KAKA or other mentioned above plays and write down every move they make. Notice how they move, what they do in some particular situations, if they shot, dribble, pass etc. Try then to apply this on the field and you will notice that your game has performed just by thinking soccer. As Pele said: **Soccer is like chess, you must figure out what your opponent will do next, and try to prevent that.**

**Round 11 results**

Boys South 11 Kangaroos Green	11	19 Jul 09 9:00AM	Dandenong Thunder	1 - 6	<b>Peninsula</b>
Boys South 11 Kangaroos Red	11	19 Jul 09 9:00AM	Langwarrin	1 - 4	<b>Peninsula</b>
Boys South 11 Joeys Orange	11	19 Jul 09 9:00AM	Berwick City	9 - 1	<b>Peninsula</b>
Boys South 11 Joeys Green	11	19 Jul 09 9:00AM	<b>Peninsula</b>	2 - 2	Beaumaris
Girls Metro 11 Purple	11	19 Jul 09 9:00AM	Sandringham City 1	3 - 1	<b>Peninsula</b>
Boys South 12 B	11	19 Jul 09 10:10AM	<b>Peninsula</b>	-	Bye
Boys South 12 D	11	19 Jul 09 10:10AM	Berwick City	1 - 0	<b>Peninsula</b>
Girls Metro 12 A	11	19 Jul 09 10:10AM	<b>Peninsula</b>	2 - 0	South Yarra
Boys South 13 A	11	19 Jul 09 11:20AM	Berwick City	7 - 0	<b>Peninsula</b>
Boys South 13 D	11	19 Jul 09 11:20AM	<b>Peninsula</b>	3 - 0	Baxter
Girls Metro 14 C	11	19 Jul 09 11:20AM	Ashburton	2 - 3	<b>Peninsula</b>
Boys South 14 B	11	19 Jul 09 12:30PM	Carrum Utd	0 - 2	<b>Peninsula</b>
Boys South 14 C	11	19 Jul 09 12:30PM	Bentleigh Greens	5 - 0	<b>Peninsula</b>
Girls Metro 15 B	11	19 Jul 09 12:30PM	<b>Peninsula</b>	1 - 2	Glen Eira
Boys S/E 15 Super League	11	19 Jul 09 1:45PM	<b>Peninsula</b>	0 - 1	FC Bulleen Lions
Boys South 15 C	11	19 Jul 09 1:45PM	<b>Peninsula 2</b>	5 - 1	Brighton
Boys South 15 C	11	19 Jul 09 1:45PM	<b>Peninsula 1</b>	5 - 0	Baxter
Boys South 16 A	11	19 Jul 09 3:15PM	<b>Peninsula</b>	11 - 0	Doveton
Girls Metro 16 B	11	19 Jul 09 3:15PM	<b>Peninsula</b>	0 - 1	East Bentleigh

**Round 12 fixtures**

Grade	Round	Date	Home Team	Away Team	Venue
FFV:Boys South 11 Kangaroos Green	12	26 Jul 09 9:00AM	Brighton	v <b>Peninsula</b>	Dendy Park
FFV:Boys South 11 Kangaroos Red	12	26 Jul 09 9:00AM	Endeavour Utd	v <b>Peninsula</b>	Reema Reserve
FFV:Boys South 11 Joeys Orange	12	26 Jul 09 9:00AM	Beaumaris	v <b>Peninsula</b>	Beaumaris Reserve
FFV:Boys South 11 Joeys Green	12	26 Jul 09 9:00AM	<b>Peninsula</b>	v Dandenong City	Ballam Park
FFV:Boys South 12 B	12	26 Jul 09 10:10AM	<b>Peninsula</b>	v Dandenong City	Ballam Park
FFV:Boys South 12 D	12	26 Jul 09 10:10AM	Baxter	v <b>Peninsula</b>	Baxter Park
FFV:Girls Metro 11 Purple	12	26 Jul 09 10:10AM	<b>Peninsula</b>	v Ringwood City	Ballam Park
FFV:Girls Metro 12 A	12	26 Jul 09 10:45AM	Boroondara Eagles	v <b>Peninsula</b>	Macleay Park
FFV:Boys South 13 A	12	26 Jul 09 11:20AM	Doveton	v <b>Peninsula</b>	Waratah Reserve
FFV:Boys South 13 D	12	26 Jul 09 11:20AM	<b>Peninsula</b>	v Carrum Utd	Ballam Park
FFV:Boys South 14 B	12	26 Jul 09 12:30PM	<b>Peninsula</b>	v Hampton	Ballam Park
FFV:Boys South 14 C	12	26 Jul 09 12:30PM	Beaumaris	v <b>Peninsula</b>	Balcombe Park Reserve
FFV:Girls Metro 15 B	12	26 Jul 09 12:30PM	Keilor Park	v <b>Peninsula</b>	Keilor Park Reserve
FFV:Girls Metro 14 C	12	26 Jul 09 12:30PM	<b>Peninsula</b>	v Brighton	Ballam Park
FFV:Boys S/E 15 Super League	12	26 Jul 09 1:45PM	South Melbourne	v <b>Peninsula</b>	Princes Park - Caulfield
FFV:Boys South 15 C	12	26 Jul 09 1:45PM	<b>Peninsula 1</b>	v Keysborough	Ballam Park
FFV:Boys South 15 C	12	26 Jul 09 1:45PM	Sandringham City	v <b>Peninsula 2</b>	Sandringham Secondary College
FFV:Boys South 16 A	12	26 Jul 09 3:15PM	<b>Peninsula</b>	v Dandenong Thunder	Ballam Park
FFV:Girls Metro 16 B	12	26 Jul 09 3:15PM	<b>Peninsula</b>	v Watsonia Heights	Ballam Park

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## Dribble-a-thon & Goal-a-thon



During training in the first week of August, all players will take part in special drills designed to test their dribbling and goal-scoring skills.

The players have been given sponsorship forms to ask family and friends to sponsor them for this event. We ask that you would encourage your child to take part, enjoy the special event at training and help raise some much needed funds for our club, Peninsula Strikers Junior FC.

## R U a Strikers Superstar?

The player raising the most for the club will be recognized as our first "Strikers Superstar"



## Coaches and Team Managers:

The success of the Goal - a - thon & Dribble - a - thon depends on you.

**Team Managers:** Your role is to distribute the sponsorship forms to your players, encourage them to participate and get them enthusiastic about the event. After the event, remind them to bring back their forms and money collected to you so it can be handed in at training the next week.

**Coaches:** Your role is to set up some kind of age - appropriate course for your players to dribble the ball around and then kick into a goal at the end of that course. It should be fun, test their abilities and of course help them improve their skills. You also need to mark their card on the evening and fill in the relevant section on their sponsorship forms to show how many times they complete the course.

